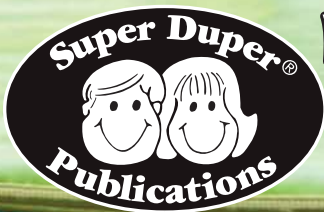


2024 OT Calendars

With daily prompts to keep your clients' OT skills sharp!

- Daily Prompts
- Activity Ideas
- Product Resources



**Fun Learning
Materials
for Kids**



2024 OT Calendars

Daily prompts to keep your clients' OT skills sharp!

We hope that you find this free resource useful on a daily basis! It's full of OT-created prompts and activity ideas to address a wide variety of therapeutic and occupation-based goals. Here at Super Duper®, our OT and SLP product developers are continually working to create easy-to-use, fun, and engaging materials for kids. We always keep the needs of our fellow clinicians, teachers, and parents in mind while designing new resources.

Feel free to reach out to our friendly customer service representatives at 800-277-8737 if you ever have questions or need help.

On these calendars you'll find...

National and cultural holidays

Date



Activity icons

Look for this icon to plan ahead for hands-on art or creative activities.

Digital Product icon



DIGITAL PRODUCT denotes products available in print and in the Super Duper Digital Library.

Martin Luther King Day 15

What parts of your body help you see?



[Click here for Fun Sheet](#)

Daily prompt

Fun Sheets provide additional therapeutic activities to address the weekly theme or goals.



LINKS

OT and PT Products

www.superduperinc.com/resources-ot-pt

Handy Handouts

FREE printable resources for clinicians and families, available in English and Spanish
www.handyhandouts.com

Super Duper Digital Library

Online, subscription-based access to hundreds of our most popular card decks, books, and games
www.superduperlibrary.com

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on social media for discounts, product demos, and giveaways!



Fun Learning
Materials for Kids



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
December 31	New Year's Day Kwanzaa Ends 1	2	3	4	5	6
<p>New Year, New Goals!</p> <p>Create a paper chain by connecting each client's written 2024 goals.</p> 	<p>Talk or write about something that you're proud of accomplishing in 2023.</p> 	<p>Come up with a "focus word/phrase" for 2024. Draw a picture to represent it.</p> 	<p>Write or talk about a personal goal that you have for 2024.</p> <p><i>I'm learning Spanish.</i></p> 	<p>Talk or write about something you're excited for in 2024.</p> 	<p>Write or talk about an OT goal that you'd like to accomplish this year.</p> 	<p>Check out this product:</p> <p>Check out all of our FREE OT resources at HandyHandouts.com!</p> 
7	8	9	10	11	12	13
<p>Building Confident Leaders</p> <p>Create a finger-print "peace dove" for MLK Day.</p> 	<p>Draw a self-portrait.</p> 	<p>Write down three things that you like about yourself.</p> <p>smart honest funny</p> 	<p>Draw a picture of a friend. What makes this person a good friend?</p> 	<p>Write about or draw a picture of a dream you have for the future.</p> 	<p>Plan something you can do to help someone else this weekend.</p> 	<p>Check out this product:</p> <p>Webber® Photo Cards Getting to Know You (Item WFC-36)</p> <p>New</p> 
14	Martin Luther King Day 15	16	17	18	19	20
<p>Get to Know Your Sensory Systems:</p> <p>Visual System</p> 	<p>What parts of your body help you see?</p> 	<p>Discrimination & form constancy</p> <p>Name these letters:</p> <p>b p d q</p> 	<p>Visual memory:</p> <p>Play a memory match game.</p> 	<p>Oculomotor</p> <p>Practice eye movement exercises like tracking, convergence/divergence, and saccades.</p> 	<p>Figure ground and scanning:</p> <p>Play I-Spy indoors or outdoors.</p> 	<p>Check out this product:</p> <p>OT Vision and Cognition Screener Quick Take Along® Mini-Book (Item TA-270)</p> <p>New</p> 
21	22	23	24	25	26	27
<p>Visual-Motor Integration:</p> <p>Build skills combining your vision and body movements with these fun activities.</p> 	<p>Make a tie-dye snowflake using a coffee filter, scissors, washable markers, and a spray bottle!</p> 	<p>Draw the rest of the snowman.</p>  <p>Click here for Fun Sheet</p>	<p>Find the pair of matching snowflakes.</p>  <p>Click here for Fun Sheet</p>	<p>Create a snowman using modeling clay or dough and creative accessories.</p> 	<p>Copy this pattern.</p>  <p>Click here for Fun Sheet</p>	<p>Check out this product:</p> <p>Pre-Handwriting Fun Deck (Item FD-234)</p> <p>DIGITAL PRODUCT</p> 
28	29	30	31	February 1	Groundhog Day 2	3
<p>Cold Weather Creatures</p> <p>Use animal figurines to create "shadow drawings" to celebrate Groundhog Day!</p> 	<p>Walk like a polar bear.</p> 	<p>Waddle like a penguin.</p> 	<p>Fly and swoop like a snowy owl.</p> 	<p>Dive and swim like an orca.</p> 	<p>Hop like an arctic hare.</p> 	<p>Check out this product:</p> <p>Move Your Body Fun Deck (Item FD-116)</p> <p>DIGITAL PRODUCT</p> 



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January 28	29	30	31	1	Groundhog Day 2	3
<p>Cold Weather Creatures</p> <p>Use animal figurines to create "shadow drawings" to celebrate Groundhog Day!</p>	<p>Walk like a polar bear.</p>	<p>Waddle like a penguin.</p>	<p>Fly and swoop like a snowy owl.</p>	<p>Dive and swim like an orca.</p>	<p>Hop like an arctic hare.</p>	<p>Check out this product: Move Your Body Fun Deck (Item FD-116)</p>
4	5	6	7	8	9	10
<p>Celebrate!</p> <p>Use your motor and perceptual skills to get ready for Lunar New Year, Superbowl, and Valentine's Day!</p>	<p>Create a DIY Lunar New Year paper lantern.</p>	<p>Make and decorate an origami object.</p>	<p>Use chopsticks to sort small objects or candy or stack/build with small cubes.</p>	<p>Fold and play paper flick football.</p>	<p>Create Valentine's Day cards for loved ones.</p>	<p>Lunar/Chinese New Year starts</p> <p>Check out this product: Fine Motor Fun Deck (Item FD-105)</p>
Super Bowl Sunday 11	12	13	Valentine's Day Ash Wednesday 14	15	16	17
<p>Love and Leadership:</p> <p>Celebrate Valentine's Day and President's Day with these activities.</p>	<p>Decorate a Valentine's Day box to hold cards.</p>	<p>Cut out paper hearts and hide them around the room to create a scavenger hunt.</p>	<p>Create a heart weaving activity using a paper plate, yarn, and hole punch.</p>	<p>Write a story about what you would do if you were president.</p>	<p>What makes a great leader? Write down your thoughts.</p>	<p>Check out this product: Making Good Social Choices Skill Strips (Item STRP-89)</p>
18	President's Day 19	20	21	22	23	24
<p>Winter Wear:</p> <p>Work on your dressing (and drawing!) skills this week.</p>	<p>Draw the other matching half of the hat.</p> <p>Click here for Fun Sheet</p>	<p>Practice buttoning a sweater or shirt.</p>	<p>Practice putting on and zipping a winter jacket.</p>	<p>Draw a matching mitten.</p> <p>Click here for Fun Sheet</p>	<p>Practice putting on and taking off winter layers: a coat, gloves, hat, and scarf!</p>	<p>Check out this product: Activities of Daily Living Tips and Teaching Companion (Item BK-399)</p> <p>New</p>
25	26	27	28	29	March 1	2
<p>Winter Sports Fun:</p> <p>Work on body awareness and coordination with these fun activities.</p>	<p>Pretend you are an Olympic ice-skater: practice your spins, jumps, and single-leg balance!</p>	<p>Practice target throwing using snowballs (or beanbags, if indoors).</p>	<p>Designate goals and play indoor "hockey" using a tennis ball or beanbag.</p>	<p>If you live in a snowy climate, try to roll the biggest snowball possible.</p>	<p>Watch an alpine skiing video, and mimic what the skiers do (jump, squat, use your imaginary poles, etc.).</p>	<p>Check out this product: Upper Body and Core Strength Fun Deck (Item FD-106)</p>



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 25	26	27	28	29	1	2
<p>Winter Sports Fun: Work on body awareness and coordination with these fun activities.</p>	<p>Pretend you are an Olympic ice-skater: practice your spins, jumps, and single-leg balance!</p>	<p>Practice target throwing using snowballs (or beanbags, if indoors).</p>	<p>Designate goals and play indoor "hockey" using a tennis ball or beanbag.</p>	<p>If you live in a snowy climate, try to roll the biggest snowball possible.</p>	<p>Watch an alpine skiing video, and mimic what the skiers do (jump, squat, use your imaginary poles, etc.).</p>	<p>Check out this product: Upper Body and Core Strength Fun Deck (Item FD-106)</p>
3	4	5	6	7	8	9
<p>Have a Ball! Grab an exercise ball to practice these balance, coordination, and strength-building moves.</p>	<p>Beanbag Drop</p>	<p>Catch</p>	<p>Bull's-Eye</p>	<p>Rock Side to Side</p>	<p>Fishing</p>	<p>Check out this product: Therapy Ball Fun Deck (Item FD-115)</p>
Daylight Savings Begins 10	Ramadan begins 11	12	13	14	15	16
<p>A Lucky Week: Complete these motor and perceptual activities as you prepare to celebrate St. Patrick's Day.</p>	<p>Trace the shape of a giant 4-leaf clover in the air in front of your body with each hand.</p>	<p>Write about something in your life that makes you feel lucky.</p>	<p>Use dot dauber markers or cotton swabs to make a rainbow dot painting.</p>	<p>Practice transferring coins from a "pot of gold" from fingers to palm and palm to fingers (translation).</p>	<p>Find the twelve 4-leaf clovers in Handy Handout #665.</p>	<p>Check out this product: Big Box of Hidden Pictures for Vocabulary (Item GB-216)</p> <p>New</p>
St. Patrick's Day 17	18	First day of Spring 19	20	21	22	23
<p>Auditory Processing: Work on listening and following directions with these prompts.</p>	<p>First jump up and down, then say your name.</p>	<p>Stand up and clap your hands.</p>	<p>After you raise your hands, smile.</p>	<p>Before you wave, wink your eye.</p>	<p>Wiggle your fingers and smile.</p>	<p>Check out this product: MagneTalk Following Directions (Item SAS-142)</p>
Palm Sunday 24	25	26	27	28	Good Friday 29	30
<p>Hop Into Spring: Celebrate spring with these sensorimotor activities.</p>	<p>Make a rainbow egg sun-catcher: use contact paper/tissue paper or card stock/colored pencils blended with baby oil.</p>	<p>Play hopscotch or challenge friends to a sack race.</p>	<p>Do a plastic egg scavenger hunt using written clues for an added challenge.</p>	<p>Decorate a pot and plant some spring flower seeds.</p>	<p>Perform a relay race with plastic eggs and spoons or tongs.</p>	<p>Check out this product: Holiday and Seasonal Chipper Chat (Item CC-99)</p>
Easter Sunday 31						



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Easter Sunday March 31	1	2	3	4	5	6
<p>Celebrate Occupational Therapy Month!</p>	<p>Create a word cloud. Ask your clients to share a word or phrase that describes OT.</p>	<p>Help clients identify all of their major areas of occupation. What are their favorites? Most challenging, and most rewarding?</p>	<p>Work on a vertical surface to create a "what I love about OT" collage with your clients.</p>	<p>Help your client discuss their current OT goals and progress.</p>	<p>Do an OT word search.</p> <p><i>Click here for Fun Sheet</i></p>	<p>Check out this product: Check out all of our OT products and resources at https://www.superduperinc.com/resources-ot-pt</p>
7	8	Eid al-Fitr 9	10	11	12	13
<p>Get to Know Your Sensory Systems: Auditory System</p>	<p>Play a game of Simon Says to enhance listening and following directions.</p>	<p>Memory Game: Add new directions for each turn (e.g., clap hands, touch your nose, turn around, etc.). See who can remember the most steps!</p>	<p>Play "Marco, Polo" to practice localizing and following sounds.</p>	<p>What parts of your body are involved with your auditory (listening) system?</p>	<p>Play "Mystery Sound"—a blindfolded player must listen and identify activities or objects based just on sound.</p>	<p>Check out this product: Sensory Diet Cards (Item CRD-34)</p> <p>New</p>
14	Tax Day 15	16	17	18	19	20
<p>Money Matters: Practice functional financial and math skills with these activities.</p>	<p>Practice identifying, comparing, and adding various bills and coins.</p>	<p>Which item costs the most (and least)?</p>	<p>Practice calculating tips: Jane pays \$10 for her lunch and would like to leave a 20% tip. How much should she leave?</p>	<p>Practice adding and subtracting monetary amounts.</p>	<p>Put price stickers on various items, provide your clients with a "budget," and see how close they can get to that amount without going over.</p>	<p>Check out this product: Functional Sequencing Activity Sheets for Daily Living Skills (Item BK-376)</p>
21	Passover begins; Earth Day 22	23	24	25	Arbor Day 26	27
<p>Balance: Use these activities to address balance and posture.</p>	<p>See how long you can stand on each leg.</p>	<p>Walk on a balance beam.</p>	<p>Practice tandem standing on a taped line.</p>	<p>See how long you can balance on your tiptoes.</p>	<p>Balance on a wobble disk.</p>	<p>Check out this product: Body Awareness Fun Deck (Item FD-120)</p>
28	29	Passover ends 30	May 1	2	3	4
<p>Fine Motor Fun: Practice your fine motor skills (small, precise movements) with these fun activities.</p>	<p>Stereognosis: Try to guess objects by feeling them in your hands without looking.</p>	<p>Practice signing your name using ASL.</p>	<p>Thumb wrestle with a partner.</p>	<p>Practice spinning a top or a coin.</p>	<p>Create a Cinco de Mayo craft activity such as a collage or piñata with torn paper.</p>	<p>Check out this product: Photo Fine Motor Fun Deck (Item FDF-02)</p>



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
April 28	29	30	1	2	3	4
<p>Fine Motor Fun: Practice your fine motor skills (small, precise movements) with these fun activities.</p>	<p>Stereognosis: Try to guess objects by feeling them in your hands without looking.</p>	<p>Practice signing your name using ASL.</p>	<p>Thumb wrestle with a partner.</p>	<p>Practice spinning a top or a coin.</p>	<p>Create a Cinco de Mayo craft activity such as a collage or piñata with torn paper.</p>	<p>Check out this product: Photo Fine Motor Fun Deck (Item FDF-02)</p>
Cinco de Mayo 5	6	7	8	9	10	11
<p>Self-regulation: Understanding and managing your behavior, feelings, and reactions Complete a handprint craft for Mother's Day.</p>	<p>Practice the hand tracing breathing technique.</p>	<p>Talk about things and people who help you calm down.</p>	<p>Play with a fidget spinner to promote focus.</p>	<p>Use a stress-relief ball. Focus on slow, controlled grasping and release.</p>	<p>Practice co-regulation with a partner.</p>	<p>Check out this product: Photo Feelings Fun Deck (Item FD-375)</p>
Mother's Day 12	13	14	15	16	17	18
<p>Dress Rehearsal: Practice these dressing abilities to strengthen fine motor and self-help skills.</p>	<p>Practice buttoning and unbuttoning clothes.</p>	<p>Practice engaging (starting), zipping, and unzipping a zipper.</p>	<p>Practice lacing and tying shoes.</p>	<p>Practice buckles, snaps, and different types of fasteners.</p>	<p>Sort clothing/accessories based on weather needs.</p>	<p>Check out this product: Webber Activities of Daily Living Photo Sequencing Cards (Item WFC-99)</p> <p>New</p>
Pentecost 19	20	21	22	23	24	25
<p>Heavy Work: Activities that provide proprioceptive input and a cardiovascular challenge.</p>	<p>Complete several sets of mountain climbers.</p>	<p>Make a blanket burrito roll-up with a friend.</p>	<p>Change linens or make a bed.</p>	<p>Push a loaded wheelbarrow.</p>	<p>Bear- or crab-walk up a flight of stairs.</p>	<p>Check out this product: Heavy Work Activities with OTis (Item OTHW-55)</p> <p>New</p>
26	Memorial Day 27	28	29	30	31	June 1
<p>Get to Know Your Sensory Systems: Tactile (Touch) System</p>	<p>Play with a sensory bin filled with rice or beans.</p>	<p>Trace shapes with fingers in sand or salt.</p>	<p>Create a finger painting.</p>	<p>Play with kinetic sand.</p>	<p>Play with a water table to practice pouring, measuring, and scooping.</p>	<p>Check out this product: In2Great Me Board Game (Item IG-22)</p> <p>New</p>

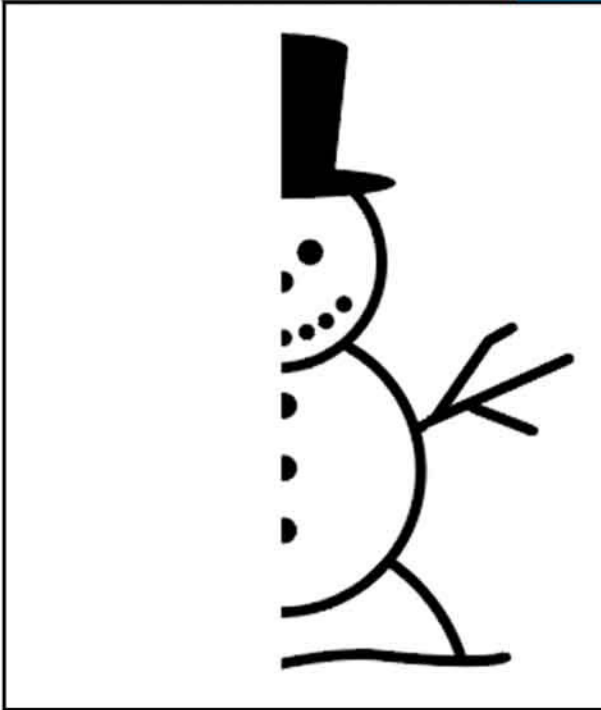


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 26	27	28	29	30	31	1
<p>Get to Know Your Sensory Systems: Tactile (Touch) System</p>	<p>Play with a sensory bin filled with rice or beans.</p>	<p>Trace shapes with fingers in sand or salt.</p>	<p>Create a finger painting.</p>	<p>Play with kinetic sand.</p>	<p>Play with a water table to practice pouring, measuring, and scooping.</p>	<p>Check out this product: In2Great Me (Item IG-22)</p> <p>New</p>
2	3	4	5	6	7	8
<p>Crossing Midline Focus on activities which require reaching across the body to activate both sides of the brain and improve bilateral coordination.</p>	<p>Draw with chalk on the sidewalk.</p>	<p>Blow bubbles and encourage popping with fingers.</p>	<p>Play a game of Twister for balance and coordination.</p>	<p>Use both hands to practice drawing shapes in the air with fingers.</p>	<p>Midline-crossing exercises: elbows → knees and reach-across-toe-touches.</p>	<p>Check out this product: Body Awareness Fun Deck (FD-120)</p>
9	10	11	12	13	14	15
<p>Fine Motor: Use these activities to work on strength, coordination, and precision.</p> <p>Check out Handy Handout #673.</p>	<p>Play with Play-Doh to strengthen hand muscles.</p>	<p>String beads to create a necklace.</p>	<p>Use tweezers to pick up small objects.</p>	<p>Create a collage with different textures and materials.</p>	<p>Play with stickers to improve pincer grasp.</p>	<p>Check out this product: Pre-Handwriting Fun Deck (FD-234)</p>
16	17	18	19	20	21	22
<p>Problem-Solving: What would YOU do if...?</p>	<p>... you missed the bus because you were late to the bus stop?</p>	<p>Autistic Pride Day</p> <p>... you forgot your homework?</p>	<p>Juneteenth</p> <p>... you needed to go to the bathroom during a test?</p>	<p>Summer Begins</p> <p>... your friend got in trouble for something you did?</p>	<p>... a classmate dropped her books on the floor?</p>	<p>Check out this product: What Would You Do At SCHOOL If... (Item FD-131)</p>
23	24	25	26	27	28	29
<p>Get to Know Your Sensory Systems: Interoception (the awareness of your body's internal states)</p>	<p>Count your heartbeats at rest, after exercise, etc. Talk about how and when heart rate changes.</p>	<p>Listen to your breathing. Practice deep, diaphragmatic breathing.</p>	<p>Talk about thirst/hunger cues, how to recognize them, and what to do.</p>	<p>Talk about sleep/rest cues, how to recognize when we are tired or sleepy, and how to get good sleep.</p>	<p>Talk about pain cues and how to respond to feelings of pain.</p>	<p>Check out this product: Sensory Diet Fun Sheets (BK-377)</p> <p>New</p>
30						

January Fun Sheet

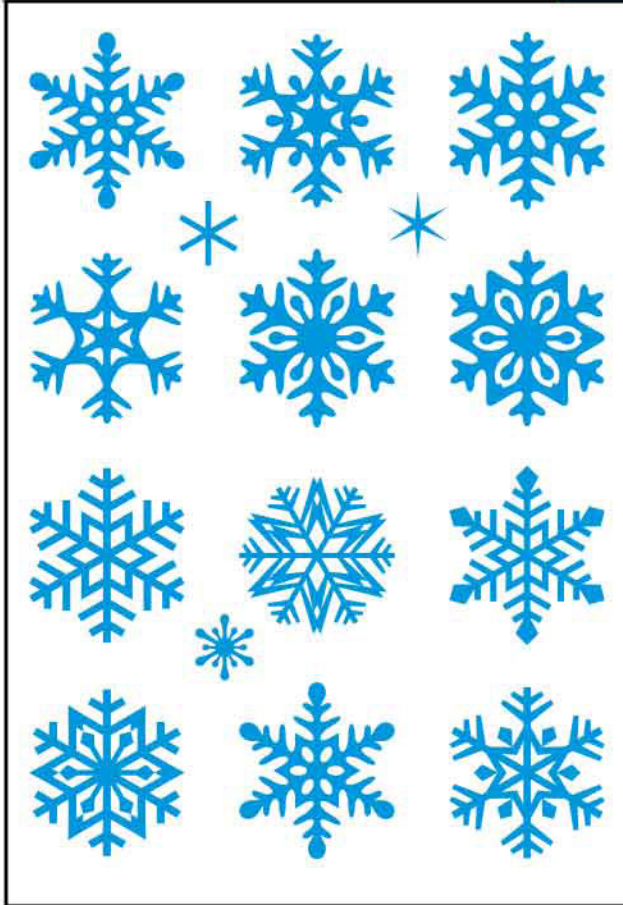
Draw the rest of the snowman.

23



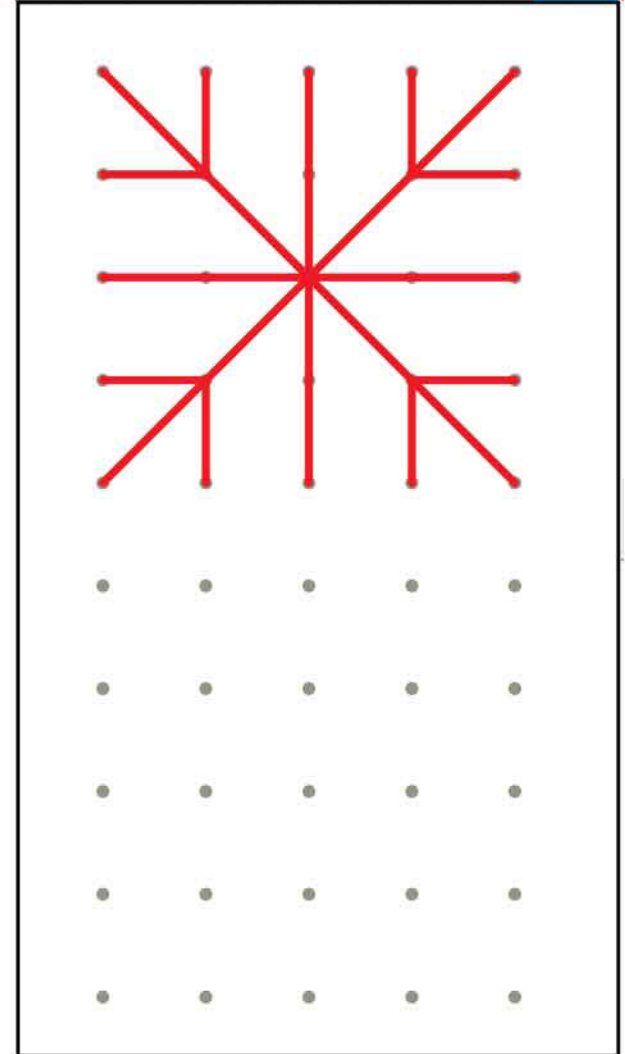
Find the matching pair of snowflakes.

24



Copy this pattern.

26



January Dates to Remember

Jan. 1 - New Year's Day

- Kwanzaa Ends

Jan. 15 - MLK Day

February Fun Sheet

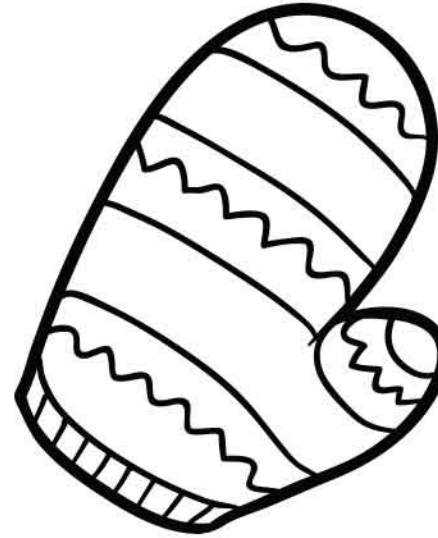
Draw the other matching half of the hat.

19



Draw a matching mitten.

22



February Dates to Remember

- Feb. 2 - Groundhog Day
- Feb. 10 - Lunar/Chinese New Year Starts
- Feb. 11 - Super Bowl Sunday
- Feb. 14 - Valentine's Day; Ash Wednesday
- Feb. 19 - President's Day

April Fun Sheet

How many
OT terms
can you find?

OT Word Search

T E A M W O R K C G O A L S E
C S S E N S O R Y P A R Z I T
T O O Z Z U K P I S A V Y N X
N H O F J B F V E W A O H D H
K L E R U G F I X W D C I E I
N M O R D N T C E D A C U P P
G R X E A I C C R Z P U N E P
U H W Z V P N T U E T P K N L
R L Z I S A Y A I X A A B D A
V M T E L A W W T O I T D E Y
F C V A I C Y F Z I N I E N C
A N B E T M B Z O K O O Y C A
T K A G P T H D G W V N K E Z
D V E X P L O R E J M A A N V
R P O G Y J C F T T T L X X L

Search for the
words below and
circle them when
you find them:

ACTIVITIES
ADAPT
BALANCE
COORDINATION
CREATE
EXPLORE
FUNCTION
GOALS
INDEPENDENCE
OCCUPATIONAL
PLAY
SENSORY
TEAMWORK
THERAPY

April Dates to Remember

Apr. 10 - Daylight Savings begins

Apr. 26 - Arbor Day

Apr. 22 - Passover begins

Apr. 29 - Passover ends

Apr. 22 - Earth Day